

# PHYSICAL EDUCATION

## COURSE DETAILS

### GCSE PE (2015)

Web link: <http://www.ocr.org.uk/qualifications/gcse-physical-education-j587-from-2016/>

GCSE PE provides students with the exciting opportunity to begin to gain an understanding of PE. Stimulating content is at the heart of this engaging qualification which will encourage students to immerse themselves in the world of sports and PE. Studying GCSE (9-1) Physical Education will open their eyes to the amazing world of sports performance.

Not only will students have the chance to perform in three different sports through the non-exam assessment component, they will also develop wide-ranging knowledge into the how and why of physical activity and sport. The combination of physical performance and academic challenge provides an exciting opportunity for students. They can perform, and then through the academic study, learn how to improve their performances through application of the theory.

Physical Education is learned about through a range of different contexts and the impact it has on their own and others' everyday lives. They will learn the reasons why we do things and why some people outperform others – mentally and physically. They will also delve into the ethical considerations behind the use of drugs and also gain an understanding of the consequences of inactivity and poor diet. Through an introduction to all areas of PE, they will receive a well-rounded and full introduction to the fascinating world of PE, physical activity and sport.

This GCSE study provides everything students need for their future moves on to further education, higher education, employment or further training. Students will have the opportunity to develop a wide ranging set of key skills, including communication using appropriate language, dealing with pressure, split-second decision making, interpreting and analysing data, as well as analysing and evaluating performance so improvements can be made. The specifications also encourage the development of strong literacy and numeracy skills. The acquisition of such a diverse range of skills is of great benefit to students as they continue their education.

## SETTING ARRANGEMENTS

The department will be guided by the timetable outcomes but we prefer to organise sets in single gender for practical and mixed ability for theory.

## ASSESSMENT ARRANGEMENTS

Practical performance in three activities	40%
Terminal exams and non-exam assessment performance analysis task	60%

## TIERS OF ENTRY

Full course – worth 1 GCSE (1 - 9)

## HOMEWORK POLICY

As in all GCSE PE subjects, students will be expected to complete quality homework on a regular basis. This is done in GCSE PE via the [mypeexam.org](http://mypeexam.org) learning platform. Students have to make excellent notes from the websites videos in preparation for theory lessons and attempt

self-marking quizzes. This learning platform provides teaching staff with live data on students' progress and the times of the day students are logging on and completing work.

## **OTHER DETAILS**

Students who choose to the course should be regularly participating in extra-curricular sport or regularly training and playing with teams or clubs outside school. For students who choose the course and find it difficult to be assessed in three different activities, the PE department highly recommends the Duke of Edinburgh award scheme as this allows the students to access the camp craft and hill walking activities. The new GCSE PE has a major focus on theory and students will only be participating in one practical lesson every two weeks.

***MR M BUTLER***