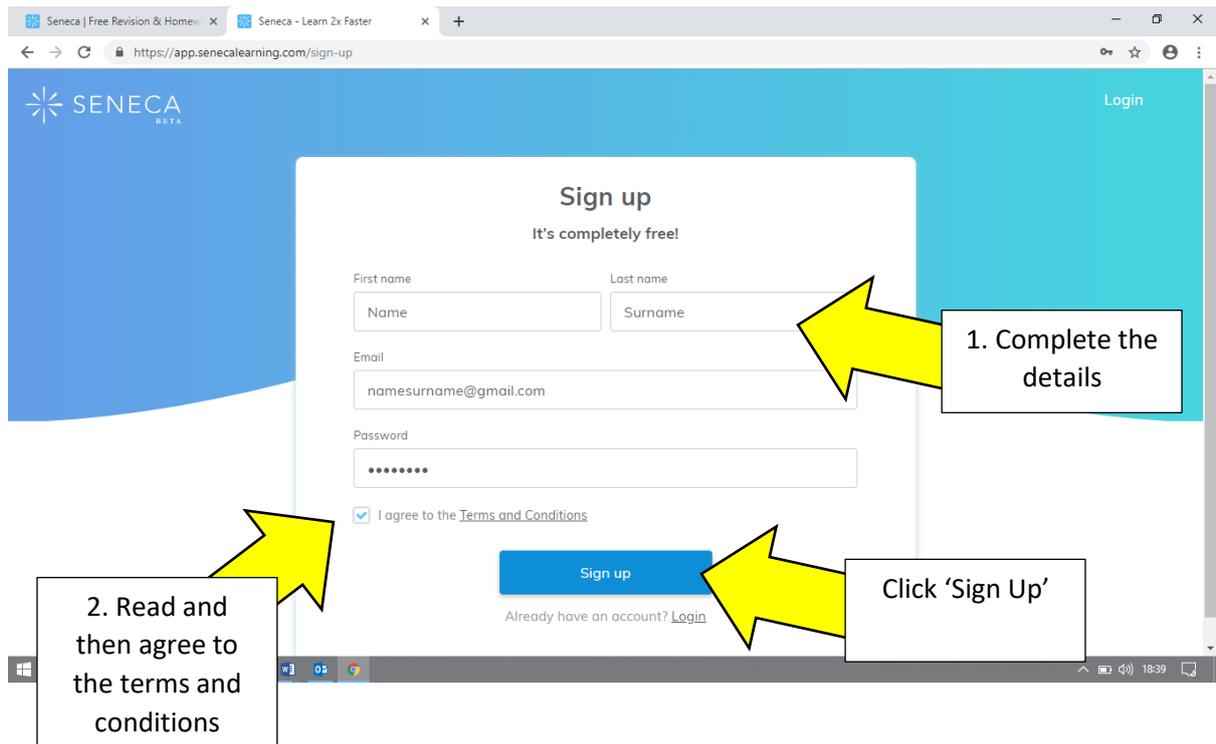
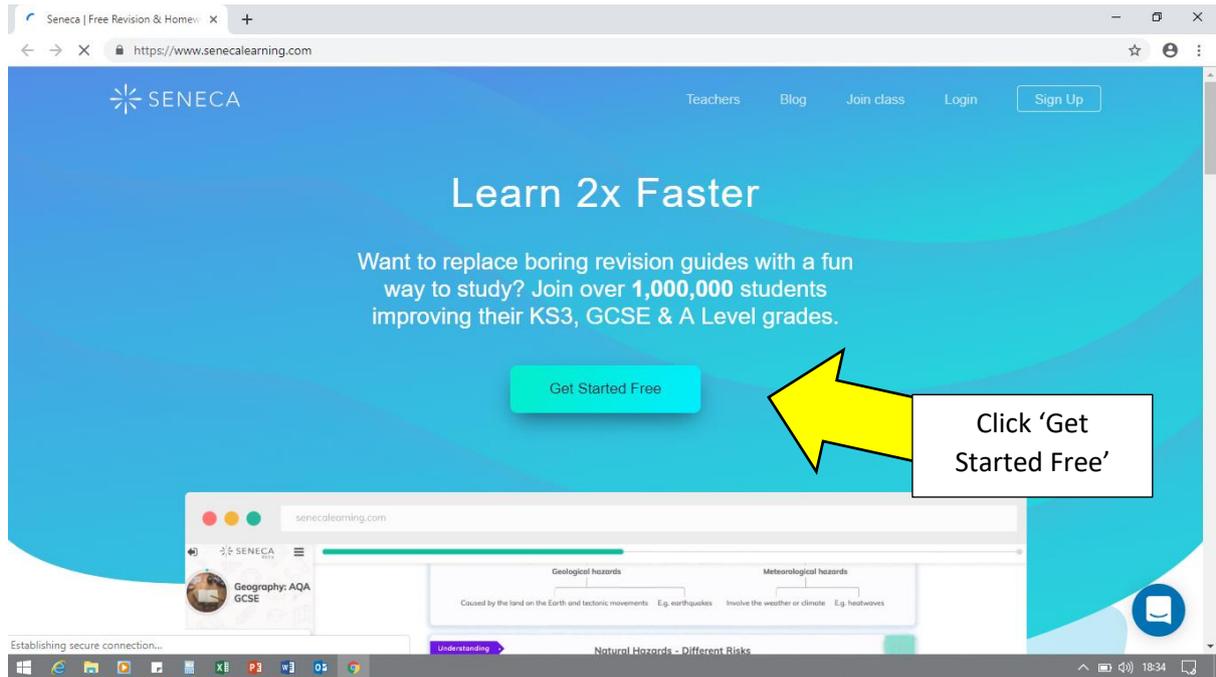


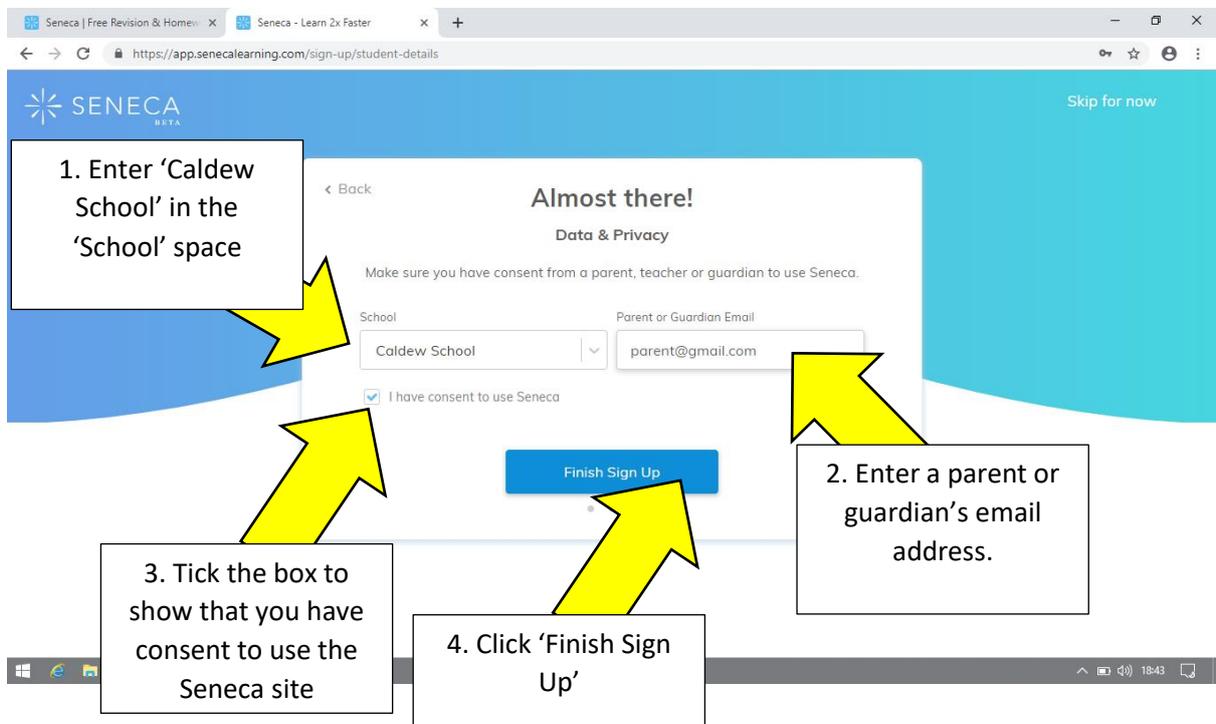
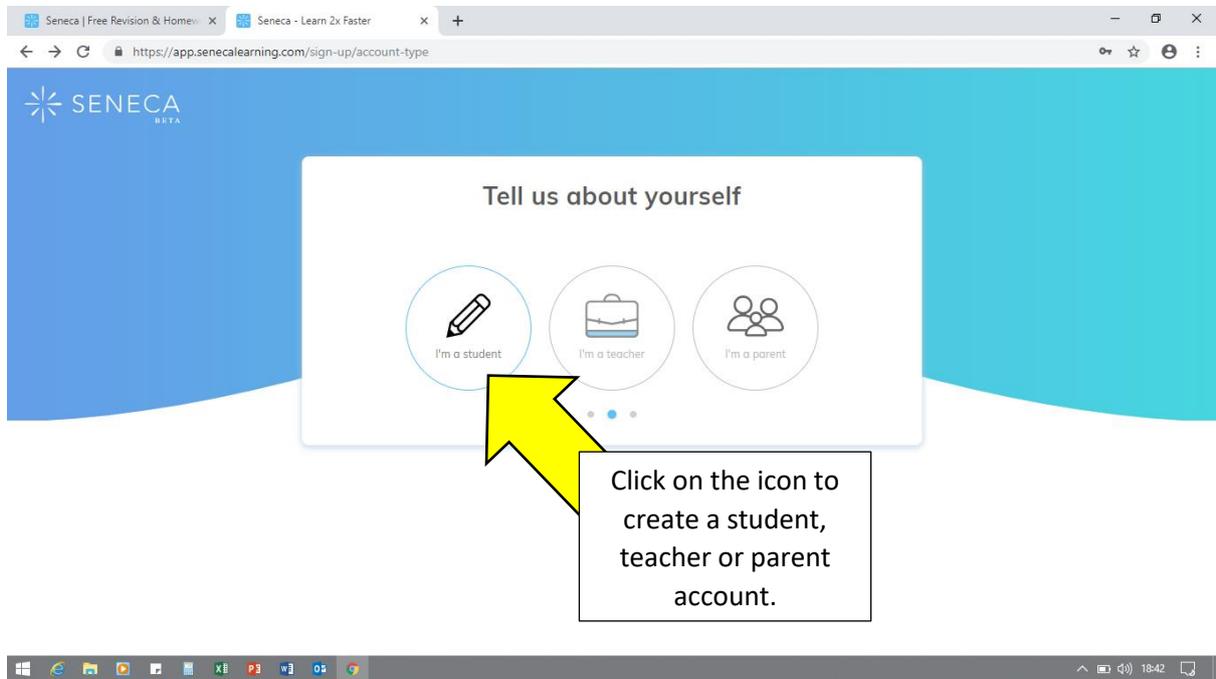
## What is Seneca?

Seneca is a free online revision platform. It presents subject content, organised by a helpful checklist, and uses self-marking questions to check your understanding as you go. It is based on the evidence from research into effective revision, working on the principle that a sequence of revision and testing helps students to retain what they've learnt.

## Creating an Account:

Using Google Chrome, go to [www.senecalearning.com](https://www.senecalearning.com) (NB. Seneca doesn't work using Internet Explorer.)





# Using Seneca:

This is your Seneca homepage. It shows...

Get Guaranteed 7-9 or A-A\* grades using the Seneca Guarantee Premium Package. T&Cs apply!

### Your Memory Palace

Unlock Your Memory Palace

Store Your Memories

- Sign Up
- Add 3 Courses (0/3)
- Answer 50 Questions (0/50)
- Store 3 Memories (0/3)
- Fill in Your Details

0 / 619

Knowledge Score: 0

Questions Answered: 0

Total Learning Time: 0s

### Recent courses

Recent courses

Add a course

Add a course

Add a course

1. Your progress in points and time

### Leaderboards

Your memories

Invite Friends

Last 7 days

Select course...

154	Mystic Sunrise	321
155		317
156		316
157		299
158		287
159	Vengeful Duckling	
160	Uptight Flugelhorn	267

Unlock leaderboards

Pick a display name, this will be your name on the leaderboard

Pick a display name

See leaderboard

2. The courses you have added

3. Your position in the Seneca leader board (optional)

## Adding Courses:

The screenshot shows the Seneca dashboard with the 'Courses' menu highlighted in the top navigation bar. A yellow arrow points to the 'Courses' menu with a callout box that says 'Click 'Courses' or 'Add a course''. Below the navigation bar, there is a banner for 'Get Guaranteed 7-9 or A-A\* grades using the Seneca Guarantee Premium Pad'. The main content area features 'Your Memory Palace' with a world map and a checklist for unlocking it. To the right, there are three statistics: 'Knowledge Score 0', 'Questions Answered 0', and 'Total Learning Time 0s'. At the bottom, there is a 'Recent courses' section with three 'Add a course' buttons, each with a plus icon. A yellow arrow points to the rightmost 'Add a course' button.

The screenshot shows the 'Add Course' page in the Seneca dashboard. The top navigation bar is the same as in the previous screenshot. Below the navigation bar, there are two tabs: 'Your Courses' and 'Add Course', with 'Add Course' being the active tab. A yellow arrow points to the 'Add Course' tab with a callout box that says 'Click 'Add a course''. The main content area features a large, faint image of a city skyline. Below the image, there is a heading 'Your courses will appear here!' and a sub-heading 'You haven't added any courses yet. When you do they will appear here!'. At the bottom, there is a green 'Add Courses' button.

1. All available courses are shown here. The ones marked 'Premium' require a subscription. The others are free.

2. You can use the drop down menus to filter the age group, subject and exam board. (The content of the courses in each exam board will be very different so make sure that you pick the right one! For GCSE, the exam boards are included in the revision checklists. They are also included on your exam timetable.)

3. Click the course that you want to add.

The screenshot shows the 'Add Course' interface on the Seneca Learning website. It features a grid of course cards, each with a thumbnail image and a title. A dropdown menu for 'Age group' is open, showing options: A Level, GCSE, KS2, and KS3. A yellow arrow points to the 'GCSE' option. Another yellow arrow points to a course card titled 'Biology: AQA A Level'. A third yellow arrow points to a course card titled 'Biology: AQA GCSE Foundation'. The interface includes filter buttons for 'Course type', 'Age group', 'Subject', and 'Exam board'. Some course cards are marked with a 'PREMIUM' badge.

Click 'Start Learning' to add the course to your account or click 'back' to return to the menu of courses.

The screenshot shows a modal dialog box for the course 'Biology: AQA GCSE Foundation'. The dialog has a 'Back' button at the top left and a 'Start Learning' button at the bottom center. The course title and authors (Gemma Young, Bina Bhardwaj, Lucy Shore) are displayed. The background shows the 'Add Course' page with a grey overlay.

## Revising Using Seneca:

Click here to get back to your homepage to add or switch courses.

The courses are organised under topic headings. Click on the section that you want to revise.

Click 'Start Learning' to start revising

Seneca Learning interface showing the course navigation menu on the left and the 'Start Learning' button at the bottom right. The menu includes '1 Cell Biology' and '1.1 What's in Cells?'. The 'Start Learning' button is highlighted with a yellow arrow.

1. Course content appears here in short sections.

3. You can move backwards and forwards through the information using these arrows. The dots under the information tell you how many pages of information there are e.g. there are two for this topic.

4. Click 'continue' once you've read through all of the information.

2. You can change the speed at which the information appears by changing the typing speed.

Seneca Learning interface showing a lesson page. The page displays a video of a bee on a purple flower. The video player has a 'Continue' button at the bottom. The typing speed is set to 'x1.0'. The page number '2' is visible under the video. The 'Continue' button is highlighted with a yellow arrow.

Complete the different activities to test your knowledge on what you've just read. If you need to reread it, you can.

This activity asks you to click the correct statement out of each pair of options.

This activity asks you to type in a missing word.

Your score is shown here.

Click here to check your answers.

The screenshot shows the Seneca Learning interface. On the left, a sidebar lists various topics under '1 Cell Biology'. The topic '1.1.1 Types of Cells' is highlighted with a blue ring next to its name. A yellow arrow points from a text box to this ring. The main content area displays a 'New' notification for 'Prokaryotic Cells' with a progress indicator of 1/3. Below this, there is a text box stating 'No mitochondria or chloroplasts' and a bullet point: 'Prokaryotic cells do NOT contain mitochondria (where respiration takes place) or chloroplasts (where photosynthesis takes place)'. A 'Continue' button is at the bottom. A yellow arrow points from a text box to the 'Continue' button.

The ring next to the topic name shows how much of the section you have completed

Seneca - Learn 2x Faster

https://app.senecalearning.com/classroom/course/9cc79e80-0731-11e8-91ec-b17b7b8a21b8/section/c5dfcdc0-0735-11e8-b824-274a5fea8773

SENECA  
REVEA

Biology: AQA  
GCSE  
Foundation

1 Cell Biology

1.1 What's in Cells?

1.1.1 Types of Cells

1.1.2 Standard Form

1.1.3 Animal, Plant & Bacterial Cells

1.1.4 Bacterial Cells

1.1.5 Cell Specialisation in Animals

1.1.6 Cell Specialisation in Animals 2

1.1.7 Cell Specialisation in Plants

1.1.8 Microscopy

1.1.9 Microscopy 2

Review Session

14K Knowledge Score

You just completed  
1.1.1 Types of Cells

Your Types of Cells memory is ready to be stored.

Where would you like to store it?

South Africa  
UMHLANGA PIER

Uganda  
MURCHISON FALLS

Once you've completed a section, it asks you to store your points. Choose a destination!

Seneca - Learn 2x Faster

https://app.senecalearning.com/classroom/course/9cc79e80-0731-11e8-91ec-b17b7b8a21b8/section/c5dfcdc0-0735-11e8-b824-274a5fea8773

SENECA  
REVEA

Biology: AQA  
GCSE  
Foundation

1 Cell Biology

1.1 What's in Cells?

1.1.1 Types of Cells

1.1.2 Standard Form

1.1.3 Animal, Plant & Bacterial Cells

1.1.4 Bacterial Cells

1.1.5 Cell Specialisation in Animals

1.1.6 Cell Specialisation in Animals 2

1.1.7 Cell Specialisation in Plants

1.1.8 Microscopy

1.1.9 Microscopy 2

Review Session

14K Knowledge Score

You just completed  
1.1.1 Types of Cells

Umhlanga pier, South Africa

Congratulations! Your Types of Cells memory has been saved in memory palace!

See session overview

If you try to quit a session before seeing this screen, you will lose your progress in that section. It will check that you want to quit and give you the option of returning to the session.

Leaderboards

Your memories

Types of Cells  
UMHLANGA PIER - SOUTH AFRICA

You can revisit the topics you've completed in the 'Your memories' tab of your homepage.